



National Park Service  
U.S. Department of the Interior

Fire Island National Seashore 120 Laurel Street  
Patchogue, NY 11772

631 289-4810 phone  
631 289-4898 fax

---

## Fire Island National Seashore News Release

**Release date:** Immediate

**Contact(s):** Paula Valentine, Chief of Interpretation

**Phone number:** 631-687-4759

**Date:** August 15, 2006

**Release code:** 06-13

### Fire Island National Seashore Conducts Four-Day Trek in September

Space Still Available on  
4-Day Fire Island Trek  
Monday - Thursday  
September 11-14, 2006



*Patchogue, NY—*

Superintendent Michael Reynolds announced that the park will be hosting its four-day Fire Island Trek, again on September 11 through 14, 2006. The excursion starts at the Fire Island Lighthouse and ends at the Wilderness Visitor Center at Smith Point, a distance of almost 20 miles. Guided tours and interpretive programs are incorporated along the way. Group size is limited by availability of lodging.

Day 1 will start with a guided tour of the Fire Island Lighthouse and a special walk to the site of the historic Surf Hotel, conducted by the Fire Island Lighthouse Preservation Society. The group will continue its trek to Atlantique for the conclusion of the first day's programs and activities. Overnight accommodations at the Appalachian Mountain Club's Fire Island facilities are limited.

On Day 2, the group will hike past the former Blue Point Life Saving Station at Fire Island Summer Club on the way to Ocean Beach and Point O'Woods, where they will hear stories of the history of the communities. Then on to the Sunken Forest for a tour, lunch, and dinner in the middle island communities, with lodging at Talisman/Barrett Beach.

On Day 3, the group will continue down the beach to Watch Hill, where participants may enjoy a guided canoe trip through the salt marsh, dinner and a campout at Fire Island National Seashore's only group campground. For Day 4, participants will hike the 7-mile stretch of beach in front of the wilderness area, ending up at the Wilderness Visitor Center, Smith Point. Participants will be responsible for their own transportation and most meals. Reasonably priced lodging is available. **Spaces are limited.**

For more information and/or reservations about the [Fire Island Trek](#), contact Fire Island National Seashore Interpretation Office @ 631-687-4765, 9:00 a.m. to 4:30 p.m. weekdays. To learn more about Fire Island National Seashore, visit the park's web site at [www.nps.gov/fiis](http://www.nps.gov/fiis).

###

---

**EXPERIENCE YOUR AMERICA™**

The National Park Service cares for special places saved by the American people so that all may experience our heritage.